

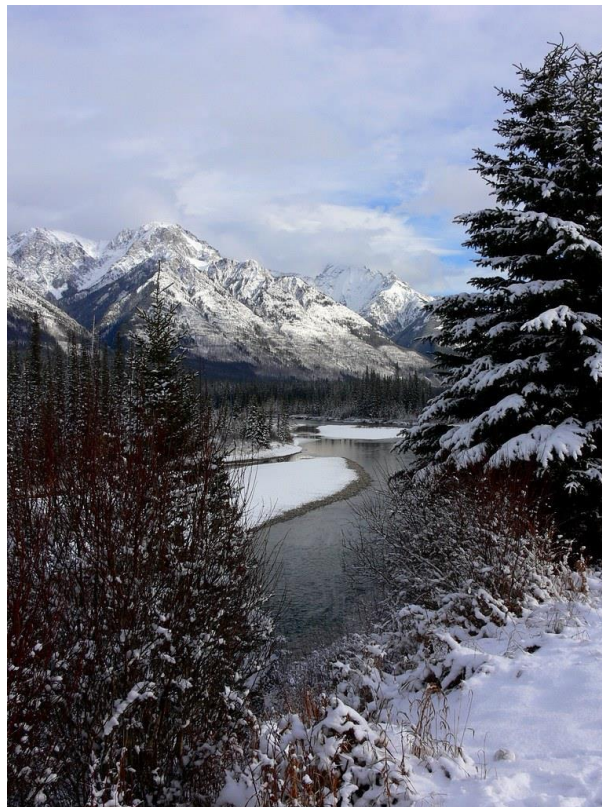


# NoS Trauma Network Newsletter

## Winter 2022

Issue 15

Winter 2022



### Introduction

Winter has certainly come upon the north of Scotland but we hope it will not vastly increase the numbers of patients affected by trauma. The last few months have seen mixed blessings of being able to meet up as a network at our annual event at the end of August but, with the health and social care systems being fully stretched, the pressure of providing care affects staff both professionally and personally. Despite this, the network has seen innovation and quality improvements continue in very busy work places which demonstrates the commitment of staff providing trauma care.

As we move into 2023 I would be interested to know what type of newsletter content would be useful and informative. Please let me know on [anne-marie.pitt2@nhs.scot](mailto:anne-marie.pitt2@nhs.scot)<sup>1</sup>

I wish you a Happy Christmas and joyful New Year and look forward to working with you all in the coming year.

**Anne-Marie Pitt**

**NoS Trauma Network Manager**

## Staff Update



### **A warm welcome to all our new starts!**

- Hafsa Ali, Assistant Psychologist, Aberdeen
- Joanne Gunn, Trauma Coordinator, Aberdeen
- Catherine Houston, Trauma Coordinator, Aberdeen

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<sup>1</sup><mailto:anne-marie.pitt2@nhs.scot>

A little bit more about...



**Catherine Houston, Trauma Coordinator, Aberdeen**

I am delighted to have started as a trauma coordinator in ARI in early November. I am still very new to the job but I already see the importance of our role in ensuring our patients receive the best care and support that they deserve and need.

Having graduated from Glasgow Caledonian University in 2000 I spent six years working in Glasgow where I completed my junior rotations followed by several years working within multidisciplinary teams in the community and laterally in a day hospital. In 2007 I moved to London to complete an MSC in Advanced Neuro-musculoskeletal Physiotherapy which then facilitated a move into musculoskeletal physiotherapy. During this time I worked in St Thomas' Hospital in the orthopaedic trauma wards and in outpatients treating patients with persistent pain before moving up to the midlands and gaining employment in a back pain service.

Following a move up to Scotland in 2010 I worked in private healthcare in Aberdeen until 2018 when I returned to the NHS to work as a First Contact Practitioner in Tayside. I am hoping to bring the experience I have gained over the last 20 years into this new post and I am already enjoying working with a very skilful and knowledgeable team.

I am married with two children and a dog. I enjoy spending time with my family, being outdoors, keeping fit, cooking and gardening.

# ANNOUNCEMENT

We are pleased to introduce the new Trauma Network Clinical Lead, Tim Hooper, who started in post on the 3rd October.

Tim is a consultant in Intensive Care Medicine and Anaesthesia at Raigmore Hospital, NHS Highland. He has gained extensive trauma management experience in both civilian and military settings including a fellowship at the Shock Trauma Center in Baltimore and multiple overseas operational tours. Tim qualified from Guy's and St Thomas's in 2000 and became a consultant in the major trauma centre in Bristol in 2012. This was initially as an honorary military consultant before he retired from the Army in 2018 and became an NHS consultant. Prior to relocating to the Highlands in 2021 he was the quality governance lead for the Severn Major Trauma Network and the hospital transfusion service, being instrumental in implementing prehospital blood on the local air ambulance. Although no longer clinically active in prehospital care, previous posts have included London and Great Western Air Ambulances and adult critical care retrieval, giving him first-hand experience of much of the trauma patient pathway.

We look forward to working with Tim but also want to thank James Anderson, the out-going Clinical Lead, for the dedication and leadership he has given the Network during a very difficult three year period. He has our gratitude, and we wish him well.



*1 - Tim Hooper, Trauma Network Clinical Lead*

# Lessons Learned

At each Network Clinical Governance meeting case reviews are held which involves an in-depth discussion of a specific trauma patient with the clinicians involved in their care. The intention is to highlight what went well in their care but also to learn if there were areas that could have been improved upon. The image below gives an example of lessons that were learnt during the year. Please get in touch if you want more details.



## Education

### NoS Trauma Education Sessions

Our monthly NoS Trauma Education Sessions are scheduled every fourth Friday, with the exception of July and December at 12pm. Presentations and recordings from the sessions are available to view on our website: <https://www.nhsscotlandnorth.scot/networks/trauma>

## **2022**

Friday, 25th November - Focused on Leg Reconstruction

## **2023**

Friday, 27th January - Focuses on a Shetland Patient Journey

### **NoS Paediatric Education Sessions**

The MTC Paediatric Trauma Education Sessions are scheduled to take place on every second Friday of the month from 12pm to 1pm (with the exception of school holidays). Please get in touch with [gram.nosmtc@nhs.scot](mailto:gram.nosmtc@nhs.scot)<sup>2</sup> if you want to join in with the sessions.

Friday, 13th January

Friday, 10th February

Friday, 10th March

Friday, 12th May

Friday, 9th June

Friday, 8th September

Friday, 13th October

Friday, 10th November

Friday, 8th December

## **CBIT (Child Brain Injury Trust) in Hand App**



The CBIT in Hand app is the first ever digital health intervention for families affected by Childhood Acquired Brain Injury. It gives parents and families access to virtual support for childhood concussion, head injury and acquired brain injury (ABI). It reaches more professionals who need advice and support around this subject. It provides access to tailored information, at your fingertips, when needed. It offers a vast range of resources and signposting to relevant organisations. It puts the difficult terminology into a more readable and simpler form, for all to understand. CBIT in Hand serves as an adaptable information portal providing information at every stage of a family's journey after sustaining concussion, head injury or an ABI.

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<sup>2</sup><mailto:gram.nosmtc@nhs.scot>

The app can be accessed by visiting the App Store or Play Store links or you can scan the QR code above.

Click [here](#)<sup>3</sup> to view the North of Scotland CBIT in Hand presentation by Gerard Anderson, Head of Brain Injury Services.

## NoS Trauma Network Annual Event 2022

The network held its annual conference after three years in Nairn on the 31st August. It was refreshing and energising to be able to meet up in person, network and learn about trauma care in the north of Scotland. There was representation from across the Network including partner organisations such as the SAS and universities with 126 people attending.



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<sup>3</sup><https://www.nhsscotlandnorth.scot/networks/trauma/education>









### Posters from NoS Trauma Network Annual Event 2022

All the posters from the Event can be viewed on our website: NHS Scotland North<sup>4</sup>. They cover a range of subjects such as improvements in rib fracture management and post-discharge follow up, frailty scoring and results of patient reported outcome measures. Take a look to be encouraged by improvements in care.

### Contact Us



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<sup>4</sup><https://www.nhsscotlandnorth.scot/networks/trauma/clinical-resources>

<sup>5</sup><mailto:tay.nospmajortrauma@nhs.scot>

<sup>6</sup><tel:01382835196>

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